



Schedules: Training, Events & Competitions

USAG TRAMPOLINE & TUMBLING TEAM

All competitive athletes are registered as "Cal Sports – Great Oaks"

Newly added, still tentative, and more details noted. Check back often –it's always changing!
 UPDATED: as of 4/3/24 Amanda

IMPORTANT NOTE: We ask that you get specific meet information through CSC & your coaches rather than a host club website. It is also critically important that parents NEVER CONTACT A COMPETITION HOST DIRECTLY for meet information. Doing so can be a real problem for us. We only have one point of contact with a host club - a CSC director, Head Coach, or designated staff member. **CONTACT YOUR CSC COACH** if you have any questions about anything you read or hear that doesn't match your understanding about a competition on this schedule.

2024

Dates		Title / Notes	Level(s)	Location
January				
27 (SAT)	COMP	Shasta Winter Invitational Meet Entry Fee: \$95 Saturday 27 th ONLY Session 1 (Levels 1-7: Ages 10 & Under) 8:30am Session 2 (Levels 1-7: Ages 11-12) 10:30am Session 3 (Levels 1-7 Ages 13+) 1:00pm NorCal/Nevada Elite Exhibition 3:30pm	All	Shasta Lake School Shasta Lake, CA
February				
24 (SAT)	EVENT	In-House Meet (virtual judge)	All	CSC Great Oaks
March				
2-3	COMP	Go For the Gold Meet Entry Fee: \$95 Entry deadline: Feb 10 th / level change deadline: Feb 17 th See above link for all information (Sessions, Admissions, etc.)	All	Legacy T&T Reno, NV
10 (SUN)	COMP	High Tech In-House Invitational Meet Entry Fee: \$75 Sunday 10 th ONLY Levels 1-7 Male & Female All Ages – 11:00am Admissions: \$15/Adult spectators (bring cash in case)	All	Technique Gymnastics Rancho Cordova, CA
16-17	COMP	Flip Fest @ Central Coast Gymnastics Meet Entry Fee: \$85 Entry deadline: Feb 29 th / late fees added after date Session days/times TBD Admission info via link above	All	Central Coast Gymnastics SLO, CA
April				
12-14	COMP	California T&T State Championships Meet Entry Fee: \$100 Entry deadline: Mar 19 th / late fees added after date Schedule!! Admission: \$20 Adults / \$10 Children 3-10yrs \$15 Military & Seniors 65+ / FREE for 2yrs & under Hotel booking info: tinyurl.com/TThotel	All	American Kids Sports Center (AKSC) Bakersfield, CA
May				
TBA	EVENT	T&T Team Banquet	All	TBA
June				
21-26	EVENT	T&T USA Gymnastics Championships **Qualify at States or Regionals	All	Minneapolis, MN
27-30	EVENT	USA Gymnastics Olympic Team Trials!	All	Minneapolis, MN

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FOR REFERENCE ONLY 2023

Dates		Title / Notes	Level	Location
NOTE:	TRAINING	There may be Saturday practice modifications or cancellations on meet weekends in season.		
August				
24-27	EVENT	USA Gymnastics National Championships		SAP Center
24-27	EVENT	USA Gymnastics National Congress	Coaches	SJ Convention Center
September				
16 Sat	EVENT	National Gymnastics Day	All	All Sites
October				
25	EVENT	T&T Team Parent Meeting 5:30pm	All	CSC Great Oaks
31	EVENT	HALLOWEEN NO Practice (gym closes @5:30pm)	All	All Sites
November				
23-25	TRAINING	THANKSGIVING – NO Practice / Drop-Ins	All	
28 & 30	TRAINING	Trainings at Vargas (2 days – Tue/Thu)	All	Scotts Valley
December				
9 (SAT)	EVENT	T&T Fully Dressed Intrasquad (time TBA)	All	CSC Great Oaks
26-30	TRAINING	HOLIDAY DROP-INS – NO Regular Practices	All	