



Schedules: Training, Events & Competitions

USA Gymnastics Developmental Program Teams

All BOYS Levels – Great Oaks & Race St.

Newly added, still tentative, and more details noted. Check back often –it's always changing!
UPDATED: as of 5/8/24 cdb

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IMPORTANT NOTE: We ask that you get specific meet and event information through CSC & your coaches rather than a host club website UNLESS your coach sends you there specifically. It is also critically important that parents **NEVER CONTACT A COMPETITION HOST DIRECTLY** for meet information. Doing so can be a real problem for us. We must only have one point of contact with a host club - a CSC Director, Head Coach, or designated staff member. **CONTACT YOUR CSC HEAD COACH directly if you have any questions about anything you see or hear that does not match your understanding about training, and event, or competition on this schedule.** Thank you!

2024

Dates	Type	CSC Gym	Level	Event	Location
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May 2024

7-11	TRAINING	RACE BOTH	L6+ L6+	Mon 5/6 & Fri 5/10: Race St Level 6+ @ Great Oaks Saturday @ Great Oaks 12:30-3:00pm (instead of 12:00pm)	Daytona Beach, FL Almaden Lake San Jose Zoom
8-12	COMP	BOTH	L10 & JE	National Championships	
18	EVENT	BOTH	All	Awards Banquet & Picnic Google Sheet 10:00am – 1:00pm	
22/24	EVENT			Team Coaches: 2025-2028 USA DP & JE Program	
27	TRAINING	BOTH		MEMORIAL DAY - NO PRACTICES	

June 2024

22-23	EVENT	BOTH	L3-6	Region 1 Compulsory Camp (Kody & Or)	Huntington Beach
15	TRAINING	BOTH	ALL	Boys Team Beach Day & Camping 9:00-11:00am Practices @ Great Oaks	
27-30	EVENT			2024 U.S. Olympic Trials	Minneapolis
27-30	EVENT			USA Gymnastics National Congress Coach Tyler & Coach Thomas at Congress	Minneapolis

July 2024

June 30-6	TRAINING	BOTH	ALL	Summer Break Week. NO TRAINING!	
15-19	EVENT	BOTH	ALL	BOYS TEAMS SUMMER CAMP WEEK No regular training. No Saturday practices ALL Level 3-6's: 9am-12pm Mon - Fri @ GO https://app.jackrabbitclass.com/jr3.0/ParentPortal/Login?orgId=490627&regId=17841210 ALL Level 7-10's: 12pm-4pm Mon – Fri @ GO https://app.jackrabbitclass.com/jr3.0/ParentPortal/Login?orgId=490627&regId=17841225	Great Oaks
22-26	EVENT	BOTH		Boys Team Development SUMMER CAMP [Only SuperKids/HotShots/PreTeam]	Great Oaks
24	TRAINING	BOTH	L6+	Olympics Prep Practice	
26-Aug 11	EVENT			2024 Summer Games WATCH PARTIES	TBA

Aug 2024

TBD	EVENT	BOTH	ALL	Boys Teams: Summer End Parent Meeting(s)
TBD	EVENT	BOTH		Boys Team Dev Evaluation @ Race St.

Sept 2024

2	TRAINING	BOTH	ALL	Labor Day. CSC Closed NO TRAINING
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21 **EVENT** BOTH ALL National Gymnastics Day Celebrations TBA
 21 **EVENT** G.O.A.T Olympic Tour [Ticket info](#) SAP Center

Oct 2024

2-6 **EVENT** Invites only Future Stars Team Camp Col Springs, CO

Notable 2025 Dates:

April 25-27 Boys Western Nationals @ Reno NV
 May 6-11 Boys DP Nationals @ TBA

PAST MONTHS 2023 > 2024 - FOR REFERENCE ONLY

Dates	Type	CSC Gym	Level	Event	Location
Aug 2023					
19	TRAINING	RA	L4/5	Race St. L4/5's Saturday Practice @ Great Oaks	@ Great Oaks
17-19	EVENT	BOTH	All	MANDATORY FALL PARENT MEETINGS Race St. Level 3's: Thursday, Aug 17 4:45pm Great Oaks Level 3's: Friday Aug 18 4:00pm All L4-10's: Saturday August 19 12:00pm	@ Race @ Great Oaks @ Great Oaks
24-27	EVENT	BOTH	All	USA Gymnastics National Championships	SAP Center, S.J.
24-27	EVENT	BOTH	All Coaches	USAG National Congress – Athlete Demos NO PRACTICES Friday, August 25 & Saturday, August 26 (*except* L8-10 Friday 6:00-8:30pm)	S.J. Convention Center
Sept 2023					
4	TRAINING	BOTH	All	Labor Day. NO Practices.	
2-4	EVENT	BOTH	L8-10	Region 1 Select Camp	Gilbert, AZ
16	EVENT	BOTH	All	National Gymnastics Day Demos & Fundraiser	All CSC Sites
17	COMP	BOTH	Invite Only	State Future Stars	Pleasanton
Oct 2023					
7	TRAINING	GO	L4-6	Modified Practice L4-6 @ Race 8:30-11:30am	
7-9	EVENT	GO	L8-10	Region 1 Junior Elite Team Camp	Elk Grove, CA
14	TRAINING	BOTH	L3-6	No Practice L3-6 / L8-10 Regular Time @ GO	
15	EVENT			NorCal Judges Course at Race St.	
21	TRAINING	GO	L4-6	Modified Practice L4-6 @ Race 8:30-11:30am	
21-22	COMP	GO	Qualifiers	Regional Future Stars	Temecula, CA
28	TRAINING	GO	All	GO Practices @ Race St. 8:30-11:30am / 12-3pm	
28	EVENT	GO/RA/MH	SK/HS/PT	"Spooky" Team Dev Eval. 3pm Team Boys Support	Race St.
31	TRAINING	BOTH	All	Halloween – All Practices End at 5:30pm Race St L8-10's 3:30-5:30pm	
Nov 2023					
4	EVENT	BOTH	All	MANDATORY PARENT MEETINGS 9:30am Level 3&4 / 10:30am Levels 5+	Via Zoom – Check Your Email
11	TRAINING	BOTH	Level 8-10	Boys L8-10 Intrasquad @ GO (during practice)	
17-19	COMP	BOTH	By Invite	National Future Stars for Austin & Zach	Colorado Springs
23-25	TRAINING	BOTH	All	THANKSGIVING – NO Practices Thursday-Saturday	

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Dec 2023

15	COMP	BOTH	L8-10	Boys vs. Girls Holiday Instrasquad – BOYS WIN!!!	@ Great Oaks
11-15	EVENT	BOTH	All	Competitive Uniforms distributed at practices	
23	TRAINING	BOTH	All	Final Day of Regular Practices until week of Jan 8	
26-29	TRAINING	BOTH	All	HOLIDAY DROP-INS (come to as many as possible) L3-4's 1-3pm: Wed @ GO / Thu & Fri @ RA L5-10's 3-6pm: Tue & Wed @ GO / Thu & Fri @ RA	Both sites together during all drop-ins

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Jan 2024

2-4	TRAINING	BOTH	All	HOLIDAY DROP-INS (come to as many as possible) L3-4's 1-3pm: Tue @ GO / Wed @ RA / Thu @ GO L5-10's 3-7pm: Tue @ GO / Wed @ RA / Thu @ GO	Both sites together during all drop-ins
5-6	TRAINING	BOTH	All	No Friday or Saturday Practices	
6-7	COMP	BOTH	L3-10	WCOGA West Coast Classic Meet Fee: \$125 / Admission: \$20 adults / \$15 seniors/military/kids 15 & under (cash only)	WCOGA Pleasanton, CA
12-13	TRAINING	GO RA	All	NO Friday Practices Friday L4/5 Practice ONLY / NO L9 & 10 Saturday Race L3 & L5 normal (NO L4's) GO Level 5's @ Race 8:30-11:30am	
12-13	COMP	BOTH	L8-10 ONLY	32nd West Point Open Meet Fee: \$140 – See trip outline	West Point Academy West Point, NY
12-14	COMP	BOTH	L4+	Cal Benefit Cup Meet Fee: \$120 / Admission: \$15 ages 13-64 / \$10 kids & seniors	Haas Pavilion, Berkeley, CA
26	TRAINING	BOTH	All	Friday NO L8-10 Practice. L3-5 Regular Practices.	
27	TRAINING	BOTH		Saturday NO Great Oaks Practices Saturday Race St. L3-5's 8:30-10:30am Saturday NO Level 8-10 Practices (Both Sites)	
26-28	COMP	BOTH	L3-10	Stanford Open Meet Fee: \$125 / Admission: \$20 ages 13-64 / \$10 kids & seniors / Free ages 4 & under and athletes	Burnham Pavilion, Stanford, CA

Feb 2024

10	TRAINING	BOTH	All	NO Practices Saturday	
10-11	COMP	BOTH	L3-10	Kazuki Nakamori Invitational Meet Fee: \$125 / Admission: \$15 ages 13-64 / \$10 kids & seniors / Free ages 4 & under	Red Morton C.C., San Mateo, CA
16-17	TRAINING	BOTH	All	NO Friday or Saturday practices!	
17-18	COMP	BOTH	L3-10	Mas Watanabe Invitational Meet Fee: \$120 / Admission: \$12 adults 13+ / \$8 seniors and kids 6-12 / free kids under 6	Elevate Gymnastics, Elk Grove, CA
19	TRAINING	BOTH		NO TRAINING. President's Day	
23-25	EVENT			Silicon Valley Invite - Home Meet for NGA Athletes Boys Team Parents Volunteer HERE (CSC purchases equipment for ALL teams from meet proceeds).	Santa Clara

Mar 2024

1-2	TRAINING	BOTH	L3-10	NO Practices Friday or Saturday	
1-3	COMP	BOTH	L3-10	NorCal State Championships All athletes qualify to States! This is the final	San Mateo

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9	EVENT	BOTH	SK/HS/PT	competition of the season for LEVEL 3's. Boys Team Dev Evaluation 3:00pm-4:30pm Boys L8-10: Team Demos & Judging	Great Oaks
17	EVENT	BOTH	L4-10	All-Star Team Clinic CONGRATULATION QUALIFIERS!! Levels 4-7 9:00am – 12:30pm <i>Kody, Or</i> Levels 8-10 :1:30pm – 5:15pm <i>Nolan, Tai, Jeremiah, Austin, Zach, Nick</i>	Elevate Elk Grove

Apr 2024

1-6	TRAINING	GO	L3-10	Spring Break @ Great Oaks Week Off for L3's & Non-Regional Qualifiers	
1-6	TRAINING	GO	L4-10	GO L4/5 Monday/Tuesday 3:30-6:30pm No Wed-Sat Training	
1-6	TRAINING	RA	L9/10's	No Weds-Sat Training (L3-6 regular practices)	
3-7	COMP	BOTH	L4-10	Region 1 Championships	Mesa, AZ
8	TRAINING	GO	L3-6	Great Oaks Level 3-6 Move-up Week	
8-13	TRAINING	RA	L3-6	Spring Break @ Race St. Week Off for L3-6 Boys	
25-27	TRAINING	BOTH	L9-10	Westerns & Nationals QUALIFIERS WILL TRAIN Regular Practice Times Mon-Sat @ Great Oaks SOME Modified Practices Thursday - Saturday GO Level 4's NO practices (Thu and Sat) GO Level 5/6 practice Friday ONLY 3:30-6:30pm @ RA GO & RA: Level 10's/JE's -Thursday 5:30-8:30pm @ RA -Friday NO PRACTICE -Saturday 12:30-3:00pm @ RA	
26-28	COMP	BOTH	L8-9	Western Nationals Friday – Level 9's 8:00am Session 1 "Y" (dob Nov 2, 2009 – Dec 31, 2024) 12:30pm Session 2 "Jr" (dob Nov 17, 2008 – Nov 1, 2009) 5:00pm Session 3 "Sr". (dob Jan 1, 2002 – Nov 16, 2008) Saturday – Level 8's 8:00am Session 4 "Y" (dob Jan 5, 2011 – Dec 31, 2024) 12:15pm Session 5 "Jr" (dob Jan 1, 2002 – Jan 4, 2011)	Chandler, AZ
29	TRAINING	RA	L3-6	Race St. Level 3-10 Move-up Week	