



Schedules: Training, Events & Competitions

USA Gymnastics Developmental Program Teams

All BOYS Levels – Great Oaks & Race St.

Newly added, still tentative, and more details noted. Check back often –it's always changing!
 UPDATED: as of 4/19/24 cdb

This schedule applies to our USA Gymnastics Development Program Teams. RA = Race / GO = Great Oaks / BOTH = RA + GO

IMPORTANT NOTE: We ask that you get specific meet and event information through CSC & your coaches rather than a host club website UNLESS your coach sends you there specifically. It is also critically important that parents **NEVER CONTACT A COMPETITION HOST DIRECTLY** for meet information. Doing so can be a real problem for us. We must only have one point of contact with a host club - a CSC Director, Head Coach, or designated staff member. **CONTACT YOUR CSC HEAD COACH directly if you have any questions about anything you see or hear that does not match your understanding about training, and event, or competition on this schedule. Thank you!**

2024

| Dates | Type | CSC Gym | Level | Event | Location |
|-------|------|---------|-------|-------|----------|
|-------|------|---------|-------|-------|----------|

Apr 2024

| | | | | | |
|-------|----------|------|---------|---|--------------------------|
| 1-6 | TRAINING | GO | L3-10 | Spring Break @ Great Oaks Week Off for L3's & Non-Regional Qualifiers | |
| 1-6 | TRAINING | GO | L4-10 | GO L4/5 Monday/Tuesday 3:30-6:30pm No Wed-Sat Training | |
| 1-6 | TRAINING | RA | L9/10's | No Weds-Sat Training (L3-6 regular practices) | |
| 3-7 | COMP | BOTH | L4-10 | Region 1 Championships | Mesa, AZ |
| 8 | TRAINING | GO | L3-6 | Great Oaks Level 3-6 Move-up Week | |
| 8-13 | TRAINING | RA | L3-6 | Spring Break @ Race St. Week Off for L3-6 Boys | |
| 25-27 | TRAINING | BOTH | L9-10 | Westerns & Nationals QUALIFIERS WILL TRAIN Regular Practice Times Mon-Sat @ Great Oaks SOME Modified Practices Thursday - Saturday GO Level 4's NO practices (Thu and Sat) GO Level 5/6 practice Friday ONLY 3:30-6:30pm @ RA GO & RA: Level 10's/JE's -Thursday 5:30-8:30pm @ RA -Friday NO PRACTICE -Saturday 12:30-3:00pm @ RA | |
| 26-28 | COMP | BOTH | L8-9 | Western Nationals Friday – Level 9's 8:00am Session 1 "Y" (dob Nov 2, 2009 – Dec 31, 2024) 12:30pm Session 2 "Jr" (dob Nov 17, 2008 – Nov 1, 2009) 5:00pm Session 3 "Sr". (dob Jan 1, 2002 – Nov 16, 2008) Saturday – Level 8's 8:00am Session 4 "Y" (dob Jan 5, 2011 – Dec 31, 2024) 12:15pm Session 5 "Jr" (dob Jan 1, 2002 – Jan 4, 2011) | Chandler, AZ |
| 29 | TRAINING | RA | L3-6 | Race St. Level 3-10 Move-up Week | |

May 2024

| | | | | | |
|------|----------|------|----------|---|--------------------------|
| 7-11 | TRAINING | BOTH | All | Monday: ALL Level 10's & JE @ Great Oaks | |
| 8-12 | COMP | BOTH | L10 & JE | National Championships | Daytona Beach, FL |
| 18 | EVENT | BOTH | All | Awards Banquet & Picnic 10:00am – 1:00pm | Almaden Lake San Jose |
| 27 | TRAINING | BOTH | | MEMORIAL DAY - NO PRACTICES | |



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June 2024

| | | | | | |
|-------|----------|------|------|--|------------------|
| 22-23 | EVENT | BOTH | L3-6 | Region 1 Compulsory Camp (Kody & Or) | Huntington Beach |
| 15 | TRAINING | BOTH | ALL | Boys Team Beach Day & Camping 9:00-11:00am Practices @ Great Oaks | |
| 27-30 | EVENT | | | 2024 U.S. Olympic Trials | Minneapolis, MN |
| 27-30 | EVENT | | | USA Gymnastics National Congress Coach Tyler/Coach Thomas out | Minneapolis, MN |

July 2024

| | | | | | |
|-----------|----------|------|-----|--|------------|
| June 30-6 | TRAINING | BOTH | ALL | Summer Break Week. NO TRAINING! | |
| 15-19 | EVENT | BOTH | ALL | BOYS TEAMS SUMMER CAMP WEEK No regular training. No Saturday practices ALL Level 3-6's: 9am-12pm Mon - Fri @ GO https://app.jackrabbitclass.com/jr3.0/ParentPortal/Login?orgId=490627&regId=17841210 ALL Level 7-10's: 12pm-4pm Mon - Fri @ GO https://app.jackrabbitclass.com/jr3.0/ParentPortal/Login?orgId=490627&regId=17841225 | Great Oaks |
| 22-26 | EVENT | BOTH | | Boys Team Development SUMMER CAMP [Only SuperKids/HotShots/PreTeam] | Great Oaks |
| 26-Aug 11 | EVENT | | | 2024 Summer Games WATCH PARTIES | TBA |

Aug 2024

| | | | | | |
|-----|-------|------|-----|--|--|
| TBD | EVENT | BOTH | ALL | Boys Teams: Summer End Parent Meeting(s) | |
| TBD | EVENT | BOTH | | Boys Team Dev Evaluation @ Race St. | |

Sept 2024

| | | | | | |
|----|----------|------|-----|--|------------|
| 2 | TRAINING | BOTH | ALL | Labor Day. CSC Closed NO TRAINING | |
| 21 | EVENT | BOTH | ALL | National Gymnastics Day Celebrations | TBA |
| 21 | EVENT | | | G.O.A.T Olympic Tour Ticket info | SAP Center |

Oct 2024

| | | | | | |
|-----|-------|--|--------------|------------------------|-----------------|
| 2-6 | EVENT | | Invites only | Future Stars Team Camp | Col Springs, CO |
|-----|-------|--|--------------|------------------------|-----------------|

Notable 2025 Dates:

April 25-27 Boys Western Nationals @ Reno NV
 May 6-11 Boys DP Nationals @ TBA



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PAST MONTHS 2023 > 2024 - FOR REFERENCE ONLY

| Dates | Type | CSC Gym | Level | Event | Location |
|------------------|----------|----------|-------------|--|---|
| Aug 2023 | | | | | |
| 19 | TRAINING | RA | L4/5 | Race St. L4/5's Saturday Practice @ Great Oaks | @ Great Oaks |
| 17-19 | EVENT | BOTH | All | MANDATORY FALL PARENT MEETINGS Race St. Level 3's: Thursday, Aug 17 4:45pm Great Oaks Level 3's: Friday Aug 18 4:00pm All L4-10's: Saturday August 19 12:00pm | @ Race @ Great Oaks @ Great Oaks |
| 24-27 | EVENT | BOTH | All | USA Gymnastics National Championships | SAP Center, S.J. |
| 24-27 | EVENT | BOTH | All Coaches | USAG National Congress – Athlete Demos NO PRACTICES Friday, August 25 & Saturday, August 26 (*except* L8-10 Friday 6:00-8:30pm) | S.J. Convention Center |
| Sept 2023 | | | | | |
| 4 | TRAINING | BOTH | All | Labor Day. NO Practices. | |
| 2-4 | EVENT | BOTH | L8-10 | Region 1 Select Camp | Gilbert, AZ |
| 16 | EVENT | BOTH | All | National Gymnastics Day Demos & Fundraiser | All CSC Sites |
| 17 | COMP | BOTH | Invite Only | State Future Stars | Pleasanton |
| Oct 2023 | | | | | |
| 7 | TRAINING | GO | L4-6 | Modified Practice L4-6 @ Race 8:30-11:30am | |
| 7-9 | EVENT | GO | L8-10 | Region 1 Junior Elite Team Camp | Elk Grove, CA |
| 14 | TRAINING | BOTH | L3-6 | No Practice L3-6 / L8-10 Regular Time @ GO | |
| 15 | EVENT | | | NorCal Judges Course at Race St. | |
| 21 | TRAINING | GO | L4-6 | Modified Practice L4-6 @ Race 8:30-11:30am | |
| 21-22 | COMP | GO | Qualifiers | Regional Future Stars | Temecula, CA |
| 28 | TRAINING | GO | All | GO Practices @ Race St. 8:30-11:30am / 12-3pm | |
| 28 | EVENT | GO/RA/MH | SK/HS/PT | "Spooky" Team Dev Eval. 3pm Team Boys Support | Race St. |
| 31 | TRAINING | BOTH | All | Halloween – All Practices End at 5:30pm Race St L8-10's 3:30-5:30pm | |
| Nov 2023 | | | | | |
| 4 | EVENT | BOTH | All | MANDATORY PARENT MEETINGS 9:30am Level 3&4 / 10:30am Levels 5+ | Via Zoom – Check Your Email |
| 11 | TRAINING | BOTH | Level 8-10 | Boys L8-10 Intrasquad @ GO (during practice) | |
| 17-19 | COMP | BOTH | By Invite | National Future Stars for Austin & Zach | Colorado Springs |
| 23-25 | TRAINING | BOTH | All | THANKSGIVING – NO Practices Thursday-Saturday | |
| Dec 2023 | | | | | |
| 15 | COMP | BOTH | L8-10 | Boys vs. Girls Holiday Intrasquad – BOYS WIN!!! | @ Great Oaks |
| 11-15 | EVENT | BOTH | All | Competitive Uniforms distributed at practices | |
| 23 | TRAINING | BOTH | All | Final Day of Regular Practices until week of Jan 8 | |
| 26-29 | TRAINING | BOTH | All | HOLIDAY DROP-INS (come to as many as possible) L3-4's 1-3pm: Wed @ GO / Thu & Fri @ RA | Both sites together during all drop-ins |



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L5-10's 3-6pm: Tue & Wed @ GO / Thu & Fri @ RA

| Dates | Type | CSC Gym | Level | Event | Location |
|-----------------|----------|----------|------------|---|---|
| Jan 2024 | | | | | |
| 2-4 | TRAINING | BOTH | All | HOLIDAY DROP-INS (come to as many as possible) L3-4's 1-3pm: Tue @ GO / Wed @ RA / Thu @ GO L5-10's 3-7pm: Tue @ GO / Wed @ RA / Thu @ GO | Both sites together during all drop-ins |
| 5-6 | TRAINING | BOTH | All | No Friday or Saturday Practices | |
| 6-7 | COMP | BOTH | L3-10 | WCOGA West Coast Classic Meet Fee: \$125 / Admission: \$20 adults / \$15 seniors/military/kids 15 & under (cash only) | WCOGA Pleasanton, CA |
| 12-13 | TRAINING | GO RA | All | NO Friday Practices Friday L4/5 Practice ONLY / NO L9 & 10 Saturday Race L3 & L5 normal (NO L4's) GO Level 5's @ Race 8:30-11:30am | |
| 12-13 | COMP | BOTH | L8-10 ONLY | 32nd West Point Open Meet Fee: \$140 – See trip outline | West Point Academy West Point, NY |
| 12-14 | COMP | BOTH | L4+ | Cal Benefit Cup Meet Fee: \$120 / Admission: \$15 ages 13-64 / \$10 kids & seniors | Haas Pavilion, Berkeley, CA |
| 26 | TRAINING | BOTH | All | Friday NO L8-10 Practice. L3-5 Regular Practices. | |
| 27 | TRAINING | BOTH | All | Saturday NO Great Oaks Practices Saturday Race St. L3-5's 8:30-10:30am Saturday NO Level 8-10 Practices (Both Sites) | |
| 26-28 | COMP | BOTH | L3-10 | Stanford Open Meet Fee: \$125 / Admission: \$20 ages 13-64 / \$10 kids & seniors / Free ages 4 & under and athletes | Burnham Pavilion, Stanford, CA |
| Feb 2024 | | | | | |
| 10 | TRAINING | BOTH | All | NO Practices Saturday | |
| 10-11 | COMP | BOTH | L3-10 | Kazuki Nakamori Invitational Meet Fee: \$125 / Admission: \$15 ages 13-64 / \$10 kids & seniors / Free ages 4 & under | Red Morton C.C., San Mateo, CA |
| 16-17 | TRAINING | BOTH | All | NO Friday or Saturday practices! | |
| 17-18 | COMP | BOTH | L3-10 | Mas Watanabe Invitational Meet Fee: \$120 / Admission: \$12 adults 13+ / \$8 seniors and kids 6-12 / free kids under 6 | Elevate Gymnastics, Elk Grove, CA |
| 19 | TRAINING | BOTH | All | NO TRAINING. President's Day | |
| 23-25 | EVENT | BOTH | All | Silicon Valley Invite - Home Meet for NGA Athletes Boys Team Parents Volunteer HERE (CSC purchases equipment for ALL teams from meet proceeds). | Santa Clara |
| Mar 2024 | | | | | |
| 1-2 | TRAINING | BOTH | L3-10 | NO Practices Friday or Saturday | |
| 1-3 | COMP | BOTH | L3-10 | NorCal State Championships All athletes qualify to States! This is the final competition of the season for LEVEL 3's. | San Mateo |
| 9 | EVENT | BOTH | SK/HS/PT | Boys Team Dev Evaluation 3:00pm-4:30pm Boys L8-10: Team Demos & Judging | Great Oaks |
| 17 | EVENT | BOTH | L4-10 | All-Star Team Clinic CONGRATULATION QUALIFIERS!! Levels 4-7 9:00am – 12:30pm <i>Kody, Or</i> Levels 8-10 :1:30pm – 5:15pm <i>Nolan, Tai, Jeremiah, Austin, Zach, Nick</i> | Elevate Elk Grove |

Providing the opportunity to become the best you can be – SINCE 1987



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